



ENGAGEMENT CATALOGUE
FIRST UU COLUMBUS
2024-2025



Welcome

In this catalog you will find information about programming that runs a significant portion of the year. Details about workshops and shorter duration classes can be found online and in our weekly announcements email.



To receive the weekly announcements email
please contact:

office@firstuucolumbus.org



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FIRST UU YOUTH CARRYING OUR BANNER IN THE PARADE AT GENERAL ASSEMBLY 2023

We Believe

Vision Statement

The vision of First Unitarian Universalist Church of Columbus is to transform and heal ourselves and our world through reason and love.

Mission Statement

With love at the center, the mission of this church is to fulfill its vision by...

**Creating community through caring, nurturing, and celebrating
Working for justice through learning, reflecting, and doing
Engaging diversity through welcoming, listening,
and empowering**



Classes and Workshops

Adult Religious Exploration

For more information please visit: firstuucolumbus.org/faithforward. (Not all classes are taught each year)

Spiritual Practice

A 12 session series that helps participants develop regular disciplines of the spirit - practices that help us connect with the sacred. This course affirms religious diversity while seeking unity in our communal quest for meaning and wholeness.

UU History 101

A 6 session introduction to concepts & people from our history.

UU Elevator Speech

A three session course that guides participants through developing a short speech about our UU faith.

UU Theology

A six session introduction to theological concepts through a Unitarian Universalist lens.

Coming of Age for Adults

A 6 session series designed for adults of all ages to explore their spiritual journey and religious identity.

Turning Points in UU History

A 6 session exploration of turning points and controversies in our history.

Deepening Spiritual Practice

A 9 session exploration of the role of spiritual practice in our lives and how to sustain it.

Biblical Literacy for UUs

An 11 session exploration of the Bible and how we as UUs approach the text.



Classes and Workshops

Living the Pledge

Fall Intensive In-Person Workshop: October 5 & 12 (10:00am-5:00pm)

Spring Extended Virtual Workshop: Feb 10, 17, 24 & March 10, 17, 24 (6:30-8:30pm)

Developed by First UU Richmond members as they sought to transition from reading and talking about how to end racism to taking intentional actions. Come learn and commit to the work with others in our congregation! The training consists of 6 modules, and each module requires about an hour of preparation ahead of time for participants, either reading or watching videos.

Register at <https://firstuucolumbus.org/ltp24-5/>

Email Questions to ltp-leaders@firstuucolumbus.org

Pathways to Membership

This class is for anyone looking to learn more about First UU Columbus and/or ready to become a member. Register at the link above. Taking the class does not obligate you to become a member.

For more information see: firstuucolumbus.org/pathways.

Tai Chi for Seniors

Dates: Tuesdays 10:00 - 11:00 am

Contact: Betsy at smalley.betsy@gmail.com for more information

We provide instruction and practice on a modified form of tai chi designed for older adults. We have two instructors, Guy and Betsy Smalley, who can coach newcomers as well as lead practice for more experienced participants.

Wellspring

Dates: TBD

Contact: Debra at debra.boyd@gmail.com for more information

Provides a core foundation of spiritual deepening related to our new UU value statements. One group this year will be open in October and then it will be closed.



Discussion and Conversations

All Ages YA Book Group

Dates: 3rd Wednesday 6:30-7:45pm (Drop ins welcome)

Contact: Erin Reilly-Sanders at reillyef@yahoo.com or (614)876-9081

We're a monthly book discussion group focusing on YA and YA-friendly titles. We welcome participants of all ages and greatly appreciate intergenerational exchanges of ideas. We read a wide variety of participant-selected literature and take a reader-centric approach, focusing on each person's experience of the book. People are welcome to come when they can.

Atheists-Skeptics-Humanists

Dates: 4th Tuesday of the Month 7:00pm (Drop ins welcome)

Contact: David Krohn at freethinkers@firstuucolumbus.org or Tom Baillieul at tbailleul@gmail.com

The Atheists, Skeptics and Humanists (A-S-H) of the First Unitarian Universalist Church meet every fourth Tuesday at 7 PM for programs and conversations. Programs frequently feature presentations on current topics in science, the arts, religion, and social justice. Discussions address the philosophical and personal issues of non-belief or religious dogma. Our group is organized for support, sharing, and learning/exploring. A-S-H presents a lay-led Sunday service every summer.

Hispanohablantes

Dates: Saturdays 10:00am on Zoom (Drop ins welcome)

Contact: Vilvi Vannak at vilvivannak@gmail.com

We gather to speak Spanish, learn Spanish, do Spanish homework, and improve our Spanish!

Keep On Moving

Dates: 3rd Mondays of the Month 7:00-8:00pm

Contact: Denise at denisekicksforfun@gmail.com

Keep on Moving, formerly known as the Chronic Pain Group, is for UU members who are challenged by chronic pain or other chronic diagnoses.

Wednesday Women's Book Group

Dates: Last Wednesday of the Month 1:00pm

Contact: Sylvia Howe at sylhowe42@gmail.com or Debbie Shaw at debbieshaw18@gmail.com for more information

You are welcome to join a lively group of women who meet monthly to read and discuss a book chosen by participants.



Justice



Anti-Racist Allies

Dates: As advertised in Friday News

Contact: Amanda Hays (amanda@firstuucolumbus.org)

First UU's Anti-Racist Allies (ARA) group is focused on learning, action and community building in an effort to defeat racism in ourselves and in systems we participate and benefit from.

Programming, social activities and conversations are offered on a regular basis.

Our efforts include better understanding the past, interacting and having a voice in the present and laying the groundwork for an equitable future.

BREAD (Building Responsibility, Equality, and Dignity)

Dates: As advertised in Friday News

Contact: Alice Rathburn at eulala1905@me.com or Chris Johnson at chris@underspecified.com

BREAD (Building Responsibility Equality And Dignity) is an interfaith network of over 40 religiously, geographically, racially, and socioeconomically diverse congregations in Central Ohio that work together for social justice. BREAD researches community problems selected through a listening process at its congregations and uses the power of organized people to hold local decision-makers accountable for addressing those problems. BREAD is currently working on measures to protect renters, environmental justice, and juvenile justice. We will be choosing a new problem area in November.

First UU's BREAD Team is holding a series of listening sessions in September and October. In these small group meetings, we will get to know each other on a deeper level, listen to each other's stories about the community problems we see around us, and learn about how we can build the power we need to win solutions.

Care & Share Time Bank

Dates: 3rd Sunday of the Month and as advertised at cstimebank.org (Drop ins welcome)

Contact: Vilvi Vannak at csgeneral27@gmail.com

A time bank is an exchange of services and help for time credits -a person earns one time credit for every hour spent helping another member or affiliate (like the First UU Church)..

It is a network of individuals and community groups. We have 16 affiliated organizations and almost 500 members exchanging time credits as "currency" to GET and PROVIDE services.

We value everyone's ability and skill levels; we believe everyone deserves respect and dignity! Everyone can help and receive help!

It's "neighbors helping neighbors", building community, and reclaiming our economy!



Justice



Connecting Community Corridors for People Pollinators and the Planet

Dates: Contact for Dates

Contact: Dianne Kadonaga at diannekadonaga@gmail.com or (404)603-6284

The CCC for PPP in conjunction with Sunny Glen Garden, facilitates turning urban lawns into edible forest gardens and wildlife habitat for increased soil health and food security, urban tree cover to reduce the heat island effect, improving the quality of our streams and rivers, and increasing biodiversity for our pollinators and wildlife. We grow in organic, regenerative, plastic-free, zero waste, and inexpensive ways, while having fun and building community with over 45 pollinator gardens in the Linden neighborhood.

Democracy & Human Rights Team

Dates: As needed

Contact: Chris Johnson at contact-democracyandhumanrights@firstuucolumbus.org

Democracy is NOT a spectator sport. First UU's Democracy & Human Rights Team works with local and national groups to promote and protect democracy and human rights. We work in conjunction with the League of Women Voters of Metro Columbus to register voters. In October and November, we'll shift our focus to getting out the vote, doing election protection work, and passing the Citizens Not Politicians Amendment against gerrymandering. We continue to follow, inform, and participate in actions regarding statehouse bills and other issues throughout the year. We need UUs!

Eco-Justice Team

Dates: As needed

Contact: Tom Baillieul at tbailleul@gmail.com or Susan Carr at sept.girl52@gmail.com

The Eco-Justice group is part of the Justice Action Ministry. Our purpose is to maintain awareness of environmental justice issues in our community, our nation, and world - and to present opportunities for First UU members to take action to heal the planet. In doing this we partner with local government agencies, and both local and national non-governmental groups so that our voices can be strengthened. Currently we have a focus on how global warming and the climate crisis are affecting the most vulnerable in our community.

YWCA Family Shelter Monthly Meal

Dates: 4th Friday of the Month 4:00-8:00pm

Contact: Tim Hooks at hookstj@gmail.com or (614)592-9279

Come and help prepare and serve a spaghetti dinner for about 100 people staying at the YWCA Family Shelter. Our work begins around 4 or 5 pm and is normally done by 8:30 pm. The YWCA family center is located off east 5th Ave.

These days the menu is spaghetti with a tomato sauce with ground chicken, garnished with fresh chopped parsley and parmesan, a green salad with ranch, and some fresh cut fruit. We also do the dishes. We serve about 100 people, and about half of those are kids. They come to the cafeteria line and we make up their plates. We serve from 6 PM to 8 PM. These are families trying, with help from the YWCA, to get back on their feet, find work and permanent housing again.

It is a fun group, and it is nice to see smiles on young faces!

We need about 6 people each month to volunteer, you do not need to commit to every month. An email goes out about a week before each dinner to get volunteers lined up. Email me to get added to the monthly call for volunteers.

Music



Chalice Choir

Dates: Thursdays 7:30-9:30pm (Drop ins welcome)

Contact: Brandon Moss at brandon@firstuucolumbus.org

Chalice Choir sings a wide range of music that is performed during Sunday worship services, at concerts, and other special church events. Everyone who loves to sing is welcome, regardless of musical background or ability to read music.

Peace Pals Choir

Dates: 1st & 3rd Sunday Mornings 12:30-1:00pm

Contact: Amber Scott at amber@firstuucolumbus.org

For children ages 5-10. They sing for church services several times a year, participate in the Holiday and Spring concerts, and perform for special occasions.

Sacred Song Circle

Dates: Wednesdays 6:00pm (Drop ins welcome)

Contact: Debra Boyd at debra.boyd@gmail.com or (614)353-0505

A time-honored history of village singing will be given a modern and UU twist at this drop-in, a cappella, 30-minute sacred song circle. Join fellow singers and non-singers as we sing to learn and sing to deepen our understanding and experience of UU theology. All are welcome!

Spirit of Life Choir

Dates: Tuesdays 6:30-8:00pm (Drop ins welcome)

Contact: Michaela Brown at michaela.brown287@gmail.com

Spirit of Life Choir sings a wide range of music that is performed during Sunday worship services, at concerts, and other special church events. Everyone who loves to sing is welcome, regardless of musical background or ability to read music.



Music



First UU Concert Series

Contact: **Brandon Moss** at brandon@firstuucolumbus.org

Attend one of the fabulous performances offered by First UU in our 2024-25 Concert Series! Below are the performance dates and performers:

- Oct. 27, 2:00pm, First UU Music Staff Recital, "Echoes of Twilight"
- Nov. 17, 4:00pm, Joanie Calem, "Songs to Heal the Divide"
- Dec. 15, 11:00am, Music Sunday Service, First UU Lessons & Carols, First UU Choirs
- Dec. 21, 7:00pm, Bill Cohen & Friends Sing Our Solstice Hopes for a Better Year
- Jan. 11, 7:00pm, The Magpie Consort, "Music for the Turn of the Year"
- March 29, 7:30pm, Aaron Nathans & Michael G. Ronstadt
- May 16, 7:00pm, Chamber Music Connection, featuring Cavani String Quartet
- May 18, 4:00pm, First UU Choirs Spring Concert

Most concerts are by donation, with some proceeds going to charity. Please see the Concert Series brochure at <https://firstuucolumbus.org/worship/music-and-choir/> for more specific information.

First UU also hosts concerts by the world-renowned Carpe Diem String Quartet. This year's performances are October 13, December 8, March 16, and April 27, all at 2:00pm. These are ticketed events, but First UU members receive a discount. Please see the brochure for more information.



Religious Exploration

For Kids, Youth, and Families!

For more information please email Amber Scott at amber@firstuucolumbus.org

Infant & Toddler Care (3 months - 3 years)

Dates: Sunday mornings (Drop ins welcome)

Play time offered each Sunday morning by a professional child care providers and regular volunteers.

Childcare is also available during church activities upon request!

Spirit Play (for ages 3-6 years and 7-10 years)

Dates: Sunday mornings (Drop ins welcome)

Spirit Play, a Montessori-based curriculum, begins in a circle to hear a story followed by individual work time that can include a range of expressive activities to explore what they are learning and to build connections with other children. It is a great class for active kids, as well as those who love to sit still and work on craft projects.

K-1 Our Whole Lives (OWL)* (for ages 6-7 years)

Dates: Sunday mornings (limited space, requires a firm family commitment)

Our first level of comprehensive sexuality education. In K-1 OWL through age appropriate stories, activities and games we cover: bodies and proper names for body parts, families and feelings, how to keep ourselves safe and consent, gender identity and how people are made. K-1 OWL is an eight week program that students attend instead of their Spirit Play class for those weeks. There is often both a Fall and a Winter/Spring session offered.

5th Grade Our Whole Lives (OWL)* (for ages 10-11 years)

Dates: Sunday mornings (limited space, requires a firm family commitment)

Our second level of comprehensive sexuality education. In this class we cover: the changes that bodies make going from child to adult, healthy relationships, how to keep ourselves safe, consent, and how to find accurate information, among other topics. This is an 11-week program. There is often a Fall and a Winter/Spring session offered.



Religious + + + Exploration

Building a Better World (Middle/High School Games) (for ages 11 - 18 years)

Dates: Sunday mornings (Drop ins welcome)

This year's curriculum for teens and tweens, Building a Better World: What Role will YOU Play? explores questions of meaning and social justice. Using prompted discussions and collaborative activities, groups will engage with issues of race, gender, disabilities, environment, tribalism, mortality, agency, and economic injustice - all while practicing safe gaming methods through the creation and maintenance of covenant. A combination of guided RPG-style world building sessions and free choice board/card gaming days.

8th Grade Our Whole Lives (OWL)* (for ages 13-14 years)

Dates: Sunday mornings (limited space, requires a firm family commitment)

Our third and most intensive level of comprehensive sexuality education. We will revisit previously covered topics of health, relationships, safety and sexuality in more detail and depth. This is a full RE year program (mid September through mid to late May), and in addition to Sunday morning classes there are two Saturday retreats that typically run afternoon through evening.

Coming of Age* (For ages 14 - high school seniors)

Dates: Sunday mornings (limited space, requires a firm family commitment)

Youth explore elements of what they believe, develop personal expressions of their faith, and delve more deeply into what it means to be a UU and part of a UU congregation. This closed cohort, commitment-based class requires consistent weekly attendance, and may include one or two weekend retreats, leading up to a worship service at the end of the year (late May or early June) where youth present their learnings and faith statements to our congregation. At the completion of the program, youth are offered the opportunity to become members of First UU. The group closes at the beginning of October with no new participants added mid-year.

(This course runs in the Fall during even numbered years; Neighboring Faiths runs in odd numbered years.)

Get Real, HS Sexuality Education* (For ages 15 - high school seniors)

Dates: Sunday mornings (limited space, requires a firm family commitment)

We will revisit previously covered topics of health, relationships, safety and sexuality in more detail and depth that reflects the participants' maturity. Runs once in the Winter/Spring



Religious + + + Exploration

Youth Group (for ages 12 - high school seniors)

Dates: 2nd & 4th Sundays of the Month after Worship Service, & other special events

Contact: youth-advisors@firstuucolumbus.org

For those aged 12-high school seniors, this group uses a shared ministry approach to having fun while figuring out themselves and the world.

Navigator USA Scouts

Dates: 1st & 3rd Sundays 1:00-2:30pm

Contact: Anne Chunko at achunko@gmail.com or (614)940-5241

Family-oriented, all-gender scouting group, founded by UUs, that welcomes all people. We meet 3 Sundays a month from September to May, with two meetings per month at church, and one hiking at a metro park. Kids earn badges, have fun, and learn in a UU-type environment. In addition, there is a fall and a spring family camping trip.

Peace Camp (for ages 6-8 and 9-11 years)

Dates: 1st two weeks of August, 9:00-noon

Contact: Amber Scott at amber@firstuucolumbus.org

Campers experience many peaceful practices, including developing a sense of community, problem-solving, meditating, singing, walking in nature, and more, while developing skills to navigate the challenges of conflict, discrimination, and self esteem.

Teen Teaching Assistants and Sitters

Contact: Amber Scott at amber@firstuucolumbus.org

For youth who would rather help in a classroom than attend a class there are many opportunities to assist with RE, from managing bringing in the light during the worship service, to being an assistant teacher in a classroom, or setting out and cleaning up snack. There are lots of possibilities that can be tailored to individual interests and availability. Please note that paid childcare roles can only be held by youth age 14+, per Ohio law.

Teen Audio Visual Team

Contact: Myra Hartmann at myra@firstuucolumbus.org

Would you like to help run worship on Sunday mornings? Learn how the camera and video streaming systems work? Get a chance to run the sound board? There are spots available to youth 12+ on our church A/V team. Please note that paid positions can only be held by youth age 14+ per Ohio law.

Teen Dishwashing Team

Contact: Andi Mocharski at andi@firstuucolumbus.org

Earn money washing breakfast dishes and helping brew java for coffee hour! Please note that paid positions can only be held by youth age 14+ per Ohio law.



Small Groups



Caregivers of Young Children

Dates: During coffee hour following service, weekly (Drop ins welcome)

Contact: Heather Stone at 23hstone@gmail.com

We are a community of caregivers who come together to support each other on our journey of raising young children (at least one child 5 and under at the time of joining). The group is essentially a standing playdate during coffee hour every Sunday following service. We meet in either the toddler room or the playground.

Covenant Groups

Dates: TBD

Contact: Rev. Kelli McNeal at kelli@firstuucolumbus.org

These groups will explore our new UU Value Statements while connecting deeper with group members. Groups consist of 6-12 people who meet regularly to establish and nurture themselves in their own beloved community. Registration will take place in October 2024

Millennial Covenant Group

Dates: 1st Sunday of the month & 3rd weekend (Drop ins welcome during the 3rd weekend)

Contact: Christine Wilson at wilsonch319@gmail.com

We are a group of people in their 30s and 40s who support each other in spiritual growth through intentional conversations. We also have a great time building friendships and community with one another!

Rainbow Connexion

Dates: 3rd Friday 6:30-8:30pm (Drop ins welcome)

Contact: Shirley Lange at whatsupdoc627@gmail.com

Rainbow Connexion is 1st UU's social/support group for members/friends/visitors who identify as LGBTQIA2S and are 21 or older, who would like to find community, solidarity and support. We are continuing to work on expanding and deepening our connection to each other, the local queer community, and 1st UU in order to continue the growth of our vibrant multicultural community.

Rising Young Adults

Dates: 2nd & 4th Sundays 11:30-1:30 (Drop ins welcome)

Contact: Cameron Mangin-Betts at cam.av.mb@gmail.com

Group of young adults 18-26 meeting twice a month. Mostly group led, with occasional guests to teach an adulting skill! Opportunities for socializing, arts and crafts, games and spiritual discussions as well.



Small Groups



Adult Trans Support Group

Dates: 3rd Sunday of the month (Drop ins welcome)

Contact: Emily Henry at mrsemilylh@gmail.com

A support group for all transgender and gender non-conforming individuals. This is an informal group to discuss issues and find community. Meetings are currently the 3rd Sunday of each month at 11:30 in the library.

Teen Trans and Gender Non-Conforming Group

Dates: 1st Sunday of the month 11:30am (Drop ins welcome)

Contact: Emily Henry at mrsemilylh@gmail.com

Trans and Gender Non-Conforming youth join us on the first Sunday of each month for support and community, hosted by the adult support group. Anyone 18 or younger is welcome. We will meet at 11:30 in the library.

There will also be a support group for parents and anybody supporting trans people in their lives and will be meeting in room 302 at the same time.

Trans Families, Caregivers, and Allies Support Group

Dates: 1st Sunday of the month 11:30am (Drop ins welcome)

Contact: Emily Henry at mrsemilylh@gmail.com

A place for allies, parents / caregivers, and partners or family members of trans, nonbinary, and gender nonconforming folks to meet, talk, and build community. Meets the first Sunday of each month.



Social Gatherings & Groups

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All Soles Contra Dance

Dates: 3rd or 4th Saturdays (Drop ins welcome)

Contact: Jan Phillips at jan-allsolesdance@att.net

Contra dancing is a type of social dancing, with live music and a caller. No experience is needed...all dances are taught. A beginners' session starts at 7:30, for half an hour, with dancing from 8:00 to 10:30 PM. Cost is \$10 (\$5 for ages 12-25).

Central Ohio UU Walkers

Dates: Fridays 9:30am at Highbanks Metro Park (Drop ins welcome)

Contact: Erica Scurr at scurrem@gmail.com

This group walks a 3 mile trail at Highbanks Metro Park every Friday morning. We meet in the Nature Center parking lot at 9:30 for most of the year. Time changes to 10:00 during the winter quarter. Group size ranges from 6 to 20 and the pace is gentle. There's a Central Ohio UU Walkers page on Facebook where group photos are posted.

Dinner & Conversation

Dates: 3 times a quarter as determined by group. Commitment is for each quarter

Contact: Marcia Canter at marciacanter@gmail.com

Dinner & Conversation is a quarterly pot luck group that meets in participants' homes. Commitment is only for one quarter at a time with one meeting per month as agreed upon by the entire group. The group size is between 6-8. The host organizes the dinner and picks a topic for conversation. The goal is to have a good time while getting to know each other.

First Fridays

Dates: 1st Friday of the Month (Drop ins welcome)

Contact: office@firstuucolumbus.org

Skip making dinner; come hang out with fellow First UUsers and let us do the cooking! All ages are welcome. Dinner is serviced at 6:30 and chatting/games/movies often go until 8:30-9:00pm.

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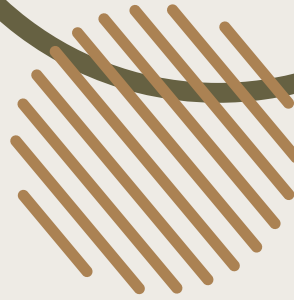
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Social Gatherings & Groups



Natural Food Buying Club

Dates: Wednesday morning (every 8 weeks)

Contact: Mary Klain at clovis70@hotmail.com

Chalice Organics Plus Buying Club members purchase natural food items from a national distributor. Members place orders once every 8 weeks using a web-based platform. We meet the delivery truck in the UU parking lot. If you are interested in joining or trying an order, please contact Mary Klain.

Senior Gathering

Dates: Quarterly

Contact: Karen Keenan at karenkeenan.47@gmail.com or Dick Dawson at dickohio214@hotmail.com

The Senior Gathering provides a time for the senior members of the congregation to gather together as a community. First UU ministers and other church members provide a specialized program for each gathering. Church members provide homemade food (either a full lunch, or muffins and fruit).

UU Artists & Poets

Contact: Deb Baillieul at debbsyc@yahoo.com or (614)687-6968

We have an annual exhibit with exhibit Aug 15- Nov 1 with a unifying theme. We hang the 6 - 2month exhibits. You can apply for a 2 month long exhibit for yourself and others.
we are drawn on for other art needs.



Spiritual Practice Groups

Covenant of UU Pagans (CUUPs)

Dates: 2nd Wednesdays 6:30pm (Drop ins welcome)

Contact: Myra Hartmann at myra@firstuucolumbus.org or
Christine Davidson at christine@firstuucolumbus.org

CUUPS provides networking among Pagan Identified UUs, and outreach of Unitarian Universalism to the broader Pagan community.

We are also encouraging greater use of music, dance, visual arts, poetry, story, and creative ritual in First UU worship by contributing to both Nourish and regular services.

Kehilat Sukkat Shalom

Contact: Cheryl Lubow at cheryl@sukkatshalomcolumbus.org or Jodi Kusins at
jodi@sukkatshalomcolumbus.org

We are Clintonville's only Jewish congregation, dually affiliated with Reconstructing Judaism and ALEPH: The Alliance for Jewish Renewal. Together we are connecting to and co-creating interpretations of Judaism that help us navigate our lives in the 21st century. Through communal events and worship, educational programming, social action, holiday celebrations, and sharing joys and struggles, we strengthen each other in our individual and collective Jewish journeys. For security reasons, we like to know who is coming, so please reach out to Jodi if you are interested in attending.

UU Christian Fellowship

Dates: 3rd Mondays 6:30-8:00pm (Drop ins welcome)

Contact: Rev. Kelli McNeal

This new group is for anyone who identifies as a UU Christian or is interested in re-examining Liberal Christianity from a UU perspective. Content of this group will be determined by the group but may include Bible Study, book discussion, spiritual practices, or anything else the group can imagine.



Support & Pastoral



Caregivers Group

Dates: 1st Mondays 7:00pm on Zoom (Drop ins welcome)

Contact: Clare Fried at teendoc911@aol.com

Caregivers Group provides an opportunity for the loved ones of current or past caregivers to share their journey related to care giving. Whether your responsibility is (or was) to a spouse, parent, child, sibling or friend you are welcome to participate in this monthly gathering of support. Please consider joining us.

Caring Team

Dates: 1st Thursdays 7:00pm on Zoom (Drop ins welcome)

Contacts: Karla Rinto at karlarinto@aol.com or (614)507-1282

Nan Beamish at nanbeamish@gmail.com or (614)596-2833

The Caring Team provides compassionate outreach to people connected to First UU. Our outreach includes: Sending Caring cards for Joys and Sorrows and other Special cards
Coordinating Memorial Service Receptions with multiple volunteers who provide food donations and support.

Coordinating volunteers for the caring network to provide short term support with meals and rides primarily to medical appointments

Coordinating the loan of medical and orthopedic equipment

Pastoral Care Team

Contacts: Rev. Kathleen Fowler at kathleenclarkfowler@gmail.com

Rev. Terasa Cooley at terasa@firstuucolumbus.org

The Pastoral Team expands the pastoral ministry of our congregation. Volunteers complete a workshop that covers active listening, the realities around substance abuse, aging, death and dying, boundaries, and confidentiality. Pastoral Team members participate in one or more of the following activities:

- Pastoral listening on Sunday mornings: in-person before and after the service for compassionate confidential conversations.
- Outreach: some make calls during the week to people who made submissions of Joys and Sorrows or are referred by listeners or staff
- Ongoing Connections: some members are matched with people needing ongoing support. They call or visit at least monthly.



Teams



Alternative Worship Team

Contact: Christine Davidson at christine@firstuucolumbus.com

Would you like to help with our Nourish or Expressive Worship services? Your time commitment can range from doing the chalice reading once or twice a month to helping write the upcoming services at a quarterly one-day workshop. If you're interested in being a worship associate but aren't ready for that role yet, come develop your talents with us (Or do both!)

For any questions, please contact Christine.

Auction Team

Contact: Kristen Hartmann at kristen.hartmann@gmail.com

The auction team plans and executes our annual fundraiser auction, to be held on March 1, 2025. This year's "auction-plus" will be a party with something for everyone - live entertainment, a fabulous bar and delicious catered refreshments, a featured speaker, and of course a live auction! Many volunteers are needed for publicity, solicitations, tech support, setup, and cleanup. Please contact Kristen to see how you can help "Be the Spark!"

Breakfast Team

Dates: Sundays 9:00-10:00 cook & 10:00 serve

Contacts: Clifford Adams at cliff@the-adams-family.net

Interested in feeding our community in between our two services? Contact Cliff for more information

Buildings & Grounds Team

Contact: Dave Richter at drichter@sciotangy.com

Under the direction of Brian Hagemann, church administrator, we do maintenance and repairs on the building and surrounding grounds.

Fuundraising Team

Contact: Andi Mocharski at andi@firstuucolumbus.org

Interested in helping us create fun events that both build community and help raise money for the congregation? Join the Fuundraising Team!

Welcome Team

Dates: Sunday mornings

Contact: Andi Mocharski at andi@firstuucolumbus.org

Help us create a welcoming and inviting environment on Sunday mornings! We need volunteers to greet at our front doors, help visitors at the Visitor's Center, and usher during the 11:00 service. This is a fun group of people to hang out with!



Other + + + Opportunities

Expressive Worship

Dates: 4th Tuesdays 6:30-8:00pm (Drop ins welcome)

Contacts: Christine Davidson at christine@firstuucolumbus.org

You are invited to experience a different kind of spiritual practice centered around a personal creative process. There are readings and songs guided by a monthly theme which inspires our individual artwork. At the end of the evening those who wish to share their work and how they were inspired are welcome into a sharing circle. All ages and abilities are enthusiastically welcome; bring your own materials or use what we have on hand. Contact christine@firstuucolumbus.org for more information

Funeral Consumers Alliance of Central Ohio

Dates: Every other month

Contacts: Rita Haider at ritashaider@gmail.com

Cathy Elkins at cathyelkins2975@gmail.com

We provide information about end-of-life issues to individuals through consumer education outreach, including group presentations, printed materials, personal consultations, local price surveys and membership benefits.

