





## Welcome!

In this catalog you will find information about programming that runs a significant portion of the year. Details about workshops and shorter duration classes can be found online and in our weekly announcements email.

To receive the weekly announcements email please contact  
[office@firstuucolumbus.org](mailto:office@firstuucolumbus.org)

If you are interested in offering a program or workshop please  
contact  
[clc@firstuucolumbus.org](mailto:clc@firstuucolumbus.org)

### Upcoming Events

- 9/2-9/4 Labor Day Retreat at Camp Oty'Okwa
- 9/17 First Day of Sunday School  
Engagement Fair
- 10/7 Online Bidding For Auction Starts
- 10/21 Fall Festival and Live Auction
- 11/10 SYC Auction
- 12/23-1/2 Holiday Office Closure
- 12/26-1/1 Labyrinth
- TBA Member Mid-Year Meeting

### Special Services

- 9/10 \*Ingathering, Water Communion
- 10/29 \*Remembrance Service
- 11/19 Bread Communion
- 11/26 \*Stone Soup
- 12/3 Sorrow at this Season Service
- 12/17 Music Sunday
- 12/24 \*Christmas Eve Family Service  
no morning service
- 12/24 Christmas Eve Candlelight Service
- 12/31 Labyrinth only, no morning service,  
no Sunday School or Toddler room

\*All Ages, limited Sunday School,  
Toddler room still available





FIRST UU YOUTH CARRYING OUR BANNER IN THE PARADE AT GENERAL ASSEMBLY 2023

### **Vision Statement**

The vision of First Unitarian Universalist Church of Columbus is to transform and heal ourselves and our world through reason and love.

### **Mission Statement**

With love at the center,  
the mission of this church is to fulfill its vision by...

Creating community through caring, nurturing, and celebrating  
Working for justice through learning, reflecting, and doing  
Engaging diversity through welcoming, listening, and empowering



# Classes & Workshops

## **Pathways to Membership**

For more information and dates see: [firstuucolumbus.org/pathways](http://firstuucolumbus.org/pathways)

If you would like to learn more about First UU Columbus, or are ready to become a member, then this class is for you! Taking the class does not obligate you to become a member just gives you the information you need to know about becoming a member.

## **Faith Forward: Adult Religious Exploration**

For more information and class times please visit: [firstuucolumbus.org/faithforward](http://firstuucolumbus.org/faithforward)  
or contact Andi Mocharski at [andi@firstuucolumbus.org](mailto:andi@firstuucolumbus.org)

## ***Roots***

A brief introduction to Unitarian Universalism ideas & history.

## ***UU History 101***

A 6 session introduction to concepts & people from our history.

## ***Beyond Inquirers***

A 5 session series focused on the congregation and you - offering a deeper understanding of how the congregation works and how you can be part of it. Sessions do not have to be done in order.

## ***UU Elevator Speech***

A 3 session course that guides participants through developing a short speech about our UU faith.

## ***UU Theology***

A 6 session introduction to theological concepts through a Unitarian Universalist lens. It is recommend that you attend each session in order.

## ***Inquirers Series***

A series of 9 conversations that offer a general introduction to our congregation & Unitarian Universalism. Sessions do not have to be done in order.

## ***Spiritual Practice***

A 12 session series that helps participants develop regular disciplines of the spirit - practices that help us connect with the sacred. This course affirms religious diversity while seeking unity in our communal quest for meaning and wholeness.



## Living the Pledge

Fall Intensive: Nov 4 9:30am-5pm and Nov 5 12:30-8pm  
Spring Sessions: 6 Saturdays in February and March 3-5pm  
Registration Required

A 6 unit program developed by First UU Richmond members as they sought to transition from reading and talking about how to end racism to taking specific and deliberate actions. Unitarian Universalists assert that the moral arc of the Universe bends towards justice, but it doesn't bend by itself. Our shared faith calls us to use our bodies, energy, and funds to build a more just and inclusive world. Come learn and commit to the work with others in our congregation. More Information at [firstuucolumbus.org](https://firstuucolumbus.org)

Amanda Hays: [amanda@firstuucolumbus.org](mailto:amanda@firstuucolumbus.org)

## Proposed 8th Principle Info Sessions

Sunday, October 22 from 11:30-12:30 in the Worship Center  
Sunday, November 19 from 11:30-12:30 in the Worship Center  
Drop-ins welcome

Please join First UU's Anti-Racist Allies back in the Worship Center after the service to learn more and talk about the Proposed 8th Principle! We are considering whether we might adopt the Proposed 8th Principle as a congregation. You can read up about the Proposed 8th Principle on our website: <https://firstuucolumbus.org/proposed-8th-principle-faqs/>

Amanda Hays: [amanda@firstuucolumbus.org](mailto:amanda@firstuucolumbus.org)

## World Religions

TBD  
Drop-ins welcome

World Religions is a follow-on to our multi-year Bible Studies class. Over the past year we have examined Islam, Buddhism, and Native American spirituality. We will resume classes in January 2024, launching into an exploration of eastern traditions (e.g., Taoism, Confucianism, Shinto).

Danya Furda: [dfurda@gmail.com](mailto:dfurda@gmail.com)



MEDITATION CLASS  
LABOR DAY RETREAT 2020





## Discussion & Small Groups

### **4th Wednesday Daytime Women's Book Group**

Monthly 4th Wednesday 1pm via Zoom

Anyone who identifies as a woman and loves to read, is welcome to join this group. It meets via Zoom on the 4th Wednesday of each month at 1:00pm. The books are chosen by the members of the group.

Sylvia Howe: sylhowe42@gmail.com

### **All Ages YA Book Group**

Third Wednesday of each month 6:30-7:45pm, year round

Drop-ins welcome

We're a monthly book discussion group focusing on YA and YA-friendly titles. We welcome participants of all ages and greatly appreciate intergenerational exchanges of ideas. We read a wide variety of participant-selected literature and take a reader-centric approach, focusing on each person's experience of the book. People are welcome to come when they can.

Erin Reilly-Sanders: reillyef@yahoo.com

### **Art at First UU**

First UU hosts art events in the Gallery and Worship Center 6 times a year. We usually begin each exhibit with an artist reception after a Sunday Service. Please see the Friday announcements for current shows. The congregation and community are encouraged to contact Deb if they would like to have a solo or small group exhibit at First UU.

Deb Baillieul: debbsyc@yahoo.com

### **Atheists - Skeptics - Humanists (ASH)**

The 4th Tuesday of the month, 7 PM, at FirstUU

Drop-ins welcome

The Atheists, Skeptics and Humanists (ASH) of the First Unitarian Universalist Church meet every fourth Tuesday at 7 PM for programs and conversations. We read and discuss current topics in science, the arts, religion, and social justice, and also address the philosophical and personal issues of non-belief or religious dogma. Our group is organized for support and sharing.

David Krohn: davidjonkrohn@gmail.com

Tom Baillieul: tbaillieul@gmail.com



## **Caregivers of Young Children**

TBD

Drop-ins welcome

We are a community of parents and caregivers who come together to support each other on our journey of raising young children. Our group provides a safe and inclusive space for parents to connect, share experiences, and learn from one another. We believe that parenting is a continuous learning process, and through exploring various parenting styles, techniques, and coping strategies, we aim to empower each other to become the best caregivers we can be.

Join us for monthly meetings where we gather over coffee, tea, and snacks to engage in meaningful discussions about the joys and challenges of parenting. We encourage open dialogue and the sharing of ideas, as we believe that collective wisdom can greatly enhance our parenting skills.

In our gatherings, we prioritize creating a safe and communal environment for our children. They will have the opportunity to interact and play with other children, fostering social skills and building friendships. We value the importance of a multigenerational community, and we welcome parents of older children who wish to share their wisdom and experiences with us.

Heather Stone: [heatherelizabethstone23@gmail.com](mailto:heatherelizabethstone23@gmail.com)

## **Caregivers Support Group**

2nd Tuesdays at 1pm online

Are you a caregiver for a loved one: a spouse, child, parent, sibling, friend? Do you wish you had someone to talk with about the joys and frustrations of being a caregiver? Come join this monthly gathering to support you in your journey.

Christine Davidson: [christine@firstuucolumbus.org](mailto:christine@firstuucolumbus.org)

## **Funeral Consumers Alliance of Central Ohio**

Talk to us about your (or your loved ones) final arrangements. We can help you through this difficult time.

Cathy Elkins: [cathyelkins2975@gmail.com](mailto:cathyelkins2975@gmail.com)

## **Hispanohablantes**

On Zoom on Saturday mornings at 10a.m.

Drop-ins welcome

We gather to speak Spanish, learn Spanish, do Spanish homework, and improve our Spanish!

Vilvi Vannak: [office@firstuucolumbus.org](mailto:office@firstuucolumbus.org)



## **Natural Food Buying Club (Formerly Food Co-op)**

Wednesday morning (every 8 weeks)

Chalice Organics Plus Buying Club members purchase natural food items from a national distributor. Members place orders once every 8 weeks using a web-based platform. We meet the delivery truck in the UU parking lot. If you are interested in joining or trying an order, please contact Mary Klain.

Mary Klain: [clovis70@hotmail.com](mailto:clovis70@hotmail.com)

## **Millennial Covenant Group**

First Sunday in Slowter Lounge at the church, third weekend of the month wild card

Drop-ins welcome

We are a group of people in their 30s and 40s who support each other in spiritual growth through intentional conversations. We also have a great time building friendships and community with one another!

Annie Worth: [acworth22@gmail.com](mailto:acworth22@gmail.com)

## **Rainbow Connection**

Third Fridays, 6:30-8:30, Beach Hall

Drop-ins welcome

Rainbow Connection is a group for LGBTQQIA2S UUs over eighteen who would like to find community, support, and solidarity. This year we are working to expand and deepen the group's connection with First UU, the local queer community, and each other in order to build a vibrant multigenerational queer community. We'd love to have you join us on this journey.

Kristen Hartmann: [kristen.hartmann@gmail.com](mailto:kristen.hartmann@gmail.com)

Myra Hartmann: [hartmann.myra.a@gmail.com](mailto:hartmann.myra.a@gmail.com)

## **Seniors' Tai Chi**

Tuesday's 10am-11am in Beach Hall

Drop-ins welcome

Tai Chi for Seniors focuses on muscle control, stability, balance, and flexibility.

Guy and Betsy Smalley: [office@firstuucolumbus.org](mailto:office@firstuucolumbus.org)

## **Young Adults**

2nd and 4th Sunday Mornings 11:30am-1:30am

Drop-ins welcome

A community and spiritual development group for people ages 18-25. Meeting twice a month there will be opportunities for learning life skills and participate in discussions about personal spiritual beliefs

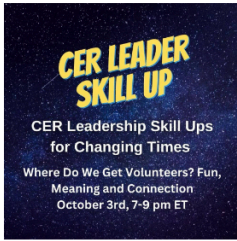
Gale Callaghan: [galecallaghan@gmail.com](mailto:galecallaghan@gmail.com)

Is there a small group you would like to have started here?  
Contact our Congregational Life Coordinator at [clc@firstuucolumbus.org](mailto:clc@firstuucolumbus.org)



## October CER & National Events

for more information visit [uua.org/calendars](http://uua.org/calendars)



### CER Leader Skill Up: Where Do We Get Volunteers? Fun, Meaning, and Connection

**Tuesday, October 3, 2023, 7:00 pm - 9:00 pm EDT**

This month's topic is Where Do We Get Volunteers? Fun, Meaning, and Connection.



### Right Relationship Congregational Team Training - Tending Covenant

**Thursday, October 5, 2023, 7:30 pm - 9:30 pm EDT**

This event is every other Thursday for 6 sessions starting on 10/05/23 at 7:30 - 9:30 EST

This is a training that will combine course work on the UU Institute and six practice sessions on the following dates: Thursday, October 5 & 19, 2023, Nov 2, 16, & 30, 2023, Dec 14, 2023  
Creating beloved community requires intention and practice. Our covenants articulate our intention, but...



### UU Christian Revival 2023

**Friday, October 6, 2023 - Saturday, October 7, 2023, All day**

All are invited to The Unitarian Universalist Christian Fellowship for a UU Christian Revival weekend held on Oct 6-7, 2023, at the Universalist National Memorial Church in Washington, DC. This will be a time of fellowship, dinner, worship, singing, study, conversation, ritual, and celebration!...

Washington DC

### Threats from Without, Care from Within

**Saturday, October 21, 2023, 12:00 pm - 6:00 pm EDT**

UUs have long acted for justice and equity in the world. Many times, we have experienced threats from those who do not agree. Even beyond that, we always need to consider how to create safer communities for all who choose to attend. This daylong conference will explore questions of safety and...



### Letting Go of Our Beloved Buildings?

**Wednesday, October 25, 2023, 1:30 pm - 3:00 pm EDT**

Our buildings connect us to our history, and are special and unique spaces that provide a home for our communities. But with these blessings come the challenges of maintaining older buildings, and adapting them for today's needs. This is especially challenges for congregations who are now smaller...



### Fifth Sunday Fellowship: A Shared Pulpit Experience

**Sunday, October 29, 2023, All day**

Fifth Sunday Fellowship: A Shared Pulpit Experience is a collaborative, online service/worship event created by several congregations together that will explore the themes of each Principle. Please join us and stream the service for your congregation!



# Justice

## **BREAD**

Drop-ins welcome

BREAD (Building Responsibility Equality And Dignity) is an interfaith network of over 40 religiously, geographically, racially, and socioeconomically diverse congregations in Central Ohio that work together for social justice.

BREAD researches community problems and uses the power of organized people to hold local decision-makers accountable for addressing those problems. BREAD is currently working on affordable housing, gun violence, police reform, juvenile justice, municipal ID, and environmental justice, and we will be choosing a new problem area in November.

First UU's BREAD Team is holding a series of listening sessions in September and October. In these small group meetings, we will get to know each other on a deeper level, listen to each other's stories about the community problems we see around, and learn about how we can build the power we need to win solutions.

Chris Johnson: [bread@firstuucolumbus.org](mailto:bread@firstuucolumbus.org)

## **Democracy & Human Rights Team**

Drop-ins welcome

Democracy is NOT a spectator sport. First UU's Democracy & Human Rights Team works with local and national groups to promote and protect democracy and human rights.

In September, join us to register voters, protect voting rights, and to get out the vote in November. We'll work in conjunction with the League of Women Voters of Metro Columbus.

In October and November, we'll turn our attention to passing the Reproductive Rights Amendment by coordinating with our First UU Healthcare team and Pro Choice Ohio and Faith Choice Ohio. We need UUs. We continue to follow, inform, and participate in actions regarding statehouse bills and other issues.

Chris Johnson: [democracyandhumanrights@firstuucolumbus.org](mailto:democracyandhumanrights@firstuucolumbus.org)

## **Eco-Justice**

Monthly as announced

Drop-ins welcome

The Eco-Justice group is part of the Justice Action Ministry. Our purpose is to maintain awareness of environmental justice issues in our community, our nation, and world - and to present opportunities for First UU members to take action to heal the planet. In doing this we partner with local government agencies, and both local and national non-governmental groups so that our voices can be strengthened. Currently we have a focus on how global warming and the climate crisis are affecting the most vulnerable in our community.

Tom Baillieul: [tbailleul@gmail.com](mailto:tbailleul@gmail.com)



## **Food (In)Security: YWCA Family Shelter Monthly Meal**

4th Friday of the month at YWCA Family Shelter from 4 PM to 8 PM

900 Harvey Ct, Columbus, OH 43219-2685

Come and help prepare and serve a spaghetti dinner for about 100 people staying at the YWCA Family Shelter. Our work begins around 4 or 5 pm and is normally done by 8:30 pm. The YWCA family center is located off east 5th Ave.

Tim Hooks: hookstj@gmail.com

## **Healthcare Team of JAM**

As needed

Drop-ins welcome

The Healthcare Team of JAM is working to pass Amendment 1 on Voting Day November 7, 2023. This will broaden choices available to women for reproductive health, including abortion care. We also work for universal healthcare.

Lynda Smith: rev.lyndasmith@gmail.com

Alice Faryna: alicyna@yahoo.com

## **Justice Action Ministry (JAM)**

Sunday, October 1 from 11:30am-12:30pm

Drop-ins welcome

Are you feeling disturbed about the state of our world and needing some encouragement that things can change? Are you interested in learning more about our Justice Action Ministry at First UU? Are you already engaged in working for justice, but longing for some companions for your journey?

If any of these describe you, we hope you will join us for our Justice Kickoff after the service on October 1. We will share about how we are working together as a church toward social justice, as well as have time for sharing stories and connecting in small groups.

Amanda Hays: amanda@firstuucolumbus.org

## **Racial Justice & Immigration Team**

Sunday, September 24 11:30-12:30 in the Worship Center and Sunday

October 8 11:30-12:30 location TBD

Drop-ins welcome

First UU's Racial Justice & Immigration Team has been on hiatus, but we are excited to be revisioning the team this fall!

Sarah-Jane Workman: racialjusticeandimmigration@firstuucolumbus.org



### **Chalice Choir**

Thursdays, 7:30-9:30  
Drop-ins welcome

Chalice Choir sings a wide range of music that is performed during Sunday worship services, at concerts, and other special church events. Everyone who loves to sing is welcome, regardless of musical background or ability to read music.

Brandon Moss: [brandon@firstuucolumbus.org](mailto:brandon@firstuucolumbus.org)

### **Spirit of Life Choir**

Tuesdays, 6:30-8:00 pm, Worship Center  
Drop-ins welcome

Spirit of Life Choir sings a wide range of music that is performed during Sunday worship services, at concerts, and other special church events. Everyone who loves to sing is welcome, regardless of musical background or ability to read music.

Michaela Brown: [jonesmichaela302@gmail.com](mailto:jonesmichaela302@gmail.com)

### **Peace Pals**

1st, 2nd, and 3rd Sundays 11:15am-11:45am in the Worship Center  
Drop-ins welcome

Our children's choir for ages 5-10. They sing for services 4-5 times a year, participate in the Holiday and Spring concerts, and perform for special occasions. Peace Pals sings music of many styles.

Amber Scott: [amber@firstuucolumbus.org](mailto:amber@firstuucolumbus.org)

### **Sacred Song Circle**

Wednesdays at 6pm  
Drop-ins welcome

A time-honored history of village singing will be given a modern and UU twist at this drop-in, a cappella, 30 minute sacred song circle. Join fellow singers and non-singers as we sing to learn and sing to deepen our understanding and experience of UU theology. All are welcome!

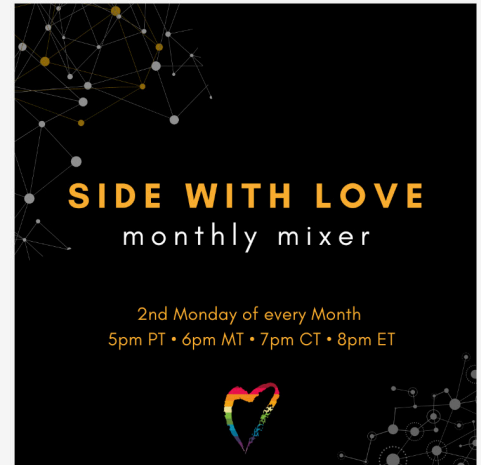
Debra Boyd: [debra.boyd@gmail.com](mailto:debra.boyd@gmail.com)

Are you a musician or singer who would like to share your talents with the congregation?  
Contact our Director of Music at [brandon@firstuucolumbus.org](mailto:brandon@firstuucolumbus.org)



## Side With Love Events

for more information visit [sidewithlove.org](https://sidewithlove.org)



### Skill Up Series: Summoning Courage

A monthly training on various organizing skills to help strengthen our congregational and community justice teams. These trainings incorporate spiritual fun and hands-on exercises to help deepen the lesson. Every 3rd Sunday for 90 minutes, starting at 4pm

### Faithful Gathering

Join us for an hour of spiritual sustenance and grounding with others organizing on the side of love. Show up as you are, with whatever is in your heart, and have your camera on or off as you need. Come drink in the music, meditation, play, and prayer. We end with a Connection Cafe for those who wish to talk together. Monthly on the 4th Thursday of the month at 7:30pm

### Monthly Mixers

Following the success of our virtual and in-person mixers for General Assembly, we're thrilled to announce our virtual monthly Side With Love Mixer, 2nd Monday of every month at 8pm

We know that these times ask a lot of us -- and we know we need one another to stay in the work with hope, joy, impact, and accountability. Join us if you are doing the work on the ground; if you are showing up for and with Side with Love; and/or if you are just learning. Come connect with one another, build community across issues, and have some facetime with our staff.

## November CER & National Events

for more information visit [uua.org/calendars](https://uua.org/calendars)



### Religious Education Professional (REP) Meet-Up

**Tuesday, November 7, 2023, 12:00 pm - 1:30 pm EST**

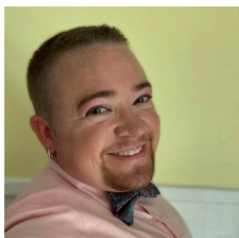
Religious Education Professional (REP) Meet-Up



### CER Leader Skill Up: Renewing Your Shared Ministry in A Season of Busyness and Rest

**Thursday, November 9, 2023, 7:00 pm - 9:00 pm EST**

This month's topic is Renewing Your Shared Ministry in A Season of Busyness and Rest. Please join us. Led by Central East Region staff.



### Exploring Transgender Lives and Issues

**Saturday, November 11, 2023, 9:00 am - 3:00 pm EST**

Join the 2023 Pittsburgh Cluster Fall Assembly, a comprehensive day-long exploration on the timely and complex topic of transgender lives and related issues.

Pittsburgh PA

# Religious Exploration

## Spirit Play I & II

A Montessori-based curriculum for 3-9 year olds, begins in a circle to hear a story followed by individual work time that can include a range of expressive activities to explore what they are learning and to build connections with other children. It is a great class for active kids, as well as those who love to sit still and work on craft projects.

## Tools For The Journey

For those 10 and up. Each session of this curriculum contains exploration questions, discussion starters, games, meditations, stories, art engagement, etc. We are committed to experiential learning and believe the best lessons evoke a sense of fun, not just convey information. Connection is as important to us as learning content. The aim is not simply to teach youth about our faith but to bring our UU faith into conversation with the real-world issues youth are facing. We are providing them “tools for the journey.”

## Neighboring Faiths

Young people become better citizens by learning about other faith communities. Major world religions are introduced and discussed, then a field visit is taken to see what that worship looks like. We then discuss our experiences.

## Our Whole Lives K-1

Our first level of comprehensive sexuality education. In K-1 OWL, through age appropriate stories, activities and games, we cover: bodies and proper names for body parts, families and feelings, how to keep ourselves safe and consent, gender identity and how people are made. This is an 8 week program that students will attend instead of their Spirit Play class. There is a Fall and Spring session.

## Volunteer for Religious Exploration

Sunday School Teacher, Assistant, or Substitute - Leads the predetermined activities

Bringing in the Light Guide - Welcome children who want to participate in bringing in the light, get them lined up, and show them when to enter during service

Family Worship Ambassador- Welcome families and answer questions before the service, assist with Wee-Worship Space during service

Office Helper - Commit periodically with various tasks including mailing, bulletin board creation, or cleaning.

Amber Scott: [amber@firstuucolumbus.org](mailto:amber@firstuucolumbus.org)



## **Our Whole Lives 5th Grade**

Our second level of comprehensive sexuality education. In 5th-6th grade OWL, we cover: the changes that bodies make going from child to adult, healthy relationships, how to keep ourselves safe, consent, and how to find accurate information, among other topics. This is an 11 week program that students attend instead of Spirit Play or Neighboring Faiths. There is a Fall and Spring session.

## **Our Whole Lives 8th Grade**

Our third and most intensive level of comprehensive sexuality education. In 8th Grade OWL we revisit previously covered topics of health, relationships, safety and sexuality in more detail and depth. For more information on the OWL curriculum visit [here](#). This is a full RE year program and in addition to Sunday morning classes there are two Saturday retreats that typically run afternoon through evening.

## **Get Real HS Sexuality Education**

In High School OWL, we revisit previously covered topics of health, relationships, safety and sexuality in more detail and depth that reflects the participants maturity

## **Navigators USA -Inclusive Scouting**

1st, 2nd, and 3rd Sundays 12:30pm-2pm

Drop-ins welcome

All gender scouting that welcomes all people. We meet 3 Sundays a month through the year, two meetings at church, and one hiking at a metro park. In addition, there is a fall and a spring family camping trip.

## **Youth Group**

2nd and 4th Sunday Mornings 11:30am-1:30am

Drop-ins welcome

Our UU youth group for 12-18 year olds is a haven of diversity, compassion, and open-mindedness. Together, we celebrate the uniqueness of each individual while embracing our shared values of justice and inclusivity. At each meeting, youth will have a choice of "Art as a Spiritual Practice," an open studio, and "Building Your Spiritual Toolbox," a deeper workshop that provides a space for our youth connect to their spiritual selves. Meets 2nd and 4th Sundays after service, as well as several special events and activities.

## **Dinner with the Ministers for High School Seniors**

Join our ministerial team in cooking a meal together and talking about joys and concerns. This is scheduled once in the Fall and once in the Spring on Sunday evening at 5:30pm.

## **Inter-Generational Camping**

Families and individuals go to a state park campground 3-6 times a year. No packing into campsites. Biking, swimming, hiking, lots of food, s'mores, and campfire singing are included. Sites include running water, toilets, and electricity.

Patricia Boughton: [patriciaboughton@gmail.com](mailto:patriciaboughton@gmail.com)



## Service

### **Auction Team**

The auction team is looking for volunteers like you to help with a wide variety of tasks and events. Please contact Candee to find out more.

Candee Rothert: [candeebrags@gmail.com](mailto:candeebrags@gmail.com)

### **Breakfast Team**

Sunday mornings 8am

Interested in feeding our community before the Sunday service? Breakfast is served at 9:15am on Sunday mornings.

Cliff Adams: [cliff@the-adams-family.net](mailto:cliff@the-adams-family.net)

### **Building and Grounds**

Under the direction of Brian Hagemann, church administrator, does maintenance and repairs on the building and surrounding grounds.

David Richter: [drichter@sciotangy.com](mailto:drichter@sciotangy.com)

### **Coffee Hour**

Sundays in Beach Hall

Join the team of heroes who make coffee, set up the coffee table, maintain coffee & etc throughout coffee hour & tear down.

Heather Stone: [heatherelizabethstone23@gmail.com](mailto:heatherelizabethstone23@gmail.com)

### **Connecting Community Corridor for People Pollinators and the Planet (CCC for PPP)**

First Mondays of the month 7 pm on Zoom & other events

Drop-ins welcome

The CCC for PPP in conjunction with Sunny Glen Garden, facilitates turning urban lawns into edible forest gardens and wildlife habitat for increased soil health and food security, urban tree cover to reduce the heat island effect and improving the quality of our streams and rivers, and increasing biodiversity for our pollinators and wildlife, in organic, regenerative, plastic-free, zero waste, and inexpensive ways, while having fun and building community!

Dianne Kadonaga: [sunnyglengarden@gmail.com](mailto:sunnyglengarden@gmail.com)





### **Fall Festival Team**

Fall Festival is Saturday, October 21

The Fall Fest team is all about fun! We need volunteers to support activities like the cake walk, bounce house, and tailgate room during the Fall Festival on October 21st. Please contact Andi to find out more.

Andi Mocharski: [andi@firstuucolumbus.org](mailto:andi@firstuucolumbus.org)

### **Welcome Team**

Sunday mornings

Help us create a welcoming and inviting environment on Sunday mornings! We need volunteers to greet at our front doors, help visitors at the Visitor's Center, and usher during the service. This is a fun group of people to hang out with!

Andi Mocharski: [andi@firstuucolumbus.org](mailto:andi@firstuucolumbus.org)

### **Worship Team**

2nd Wednesday of the month on Zoom

We work with and assist professional staff and volunteers with Sunday worship service as needed. This includes participating in services, worship center set-up, aesthetics and the planning and execution of 5 or 6 Summer Services. Request Zoom link by calling Su Farnlacher at 614-746-9729

Nancy McDonald Kenworthy: [mcdonaldkenworthy@gmail.com](mailto:mcdonaldkenworthy@gmail.com)



## **All Soles Contra & Square Dance**

2nd Saturday of each month in Beach Hall

Drop-ins welcome

Contra dancing is a type of social dancing, with live music and a caller. No experience is needed...all dances are taught. A beginners' session starts at 7:30, for half an hour, with dancing from 8:00 to 10:30 PM.

Jan Phillips: [jan-allsolesdance@att.net](mailto:jan-allsolesdance@att.net)

## **Care and Share Time Bank - First UU Affiliate**

Drop-ins welcome

CSTB members exchange services to other members who need those services in exchange for "hour credits", each credit is given for each hour delivered. We have First UU members who do things like serve coffee, give Tai Chi lessons, drive members to the airport, and received "hour credits" from the individual receiving the service or by the CSTB or affiliate. CSTB has member potlucks at First UU every three months.

Vilvi Vannak: [csgeneral27@gmail.com](mailto:csgeneral27@gmail.com)

## **Central Ohio UU Walkers**

Friday at 9:30 at Highbanks Metro Park

This group walks a 3 mile trail at Highbanks Metro Park every Friday morning. We meet in the Nature Center parking lot at 9:30 for most of the year. Time changes to 10:00 during the winter quarter. Group size ranges from 6 to 20 and the pace is gentle. There's a Central Ohio UU Walkers page on Facebook.

Erica Scurr: [scurr@gmail.com](mailto:scurr@gmail.com)

## **Dinner & Conversation**

Individual homes

Registration Required

Participants are broken into groups of 8 that share dinner and have directed conversation -so we can learn about each other and have a good time. Groups meet three times each quarter. Then participants are shuffled into new groups to meet new people during the next quarter. Meeting dates are set by each group.

Marcia Canter: [marciacanter@gmail.com](mailto:marciacanter@gmail.com)

## **First Friday**

First Fridays at 6:30pm in Beach Hall

Drop-ins welcome

Skip making dinner; come hang out with fellow First UUers and let us do the cooking! All ages are welcome. We'll have salad, pasta, sauces, garlic bread and cookies. Vegan, g-f, d-f options. Dinner is served at 6:30 and chatting/games/movies often go till 8:30-9.



# Spiritual & Pastoral

## Caring Team

First Thursday of each month via Zoom

The Caring Team seeks to be aware of and respond to joys and sorrows of church members and friends. We respond in a variety of ways: Sending Caring Cards each week, providing short-term support via the Caring Network, maintaining a list of medical equipment for loan by other church members and friends and providing Memorial Service receptions.

Chris Sullivan: [PCT@firstuucolumbus.org](mailto:PCT@firstuucolumbus.org)

## Expressive Worship

Fourth Thursdays at 6:30 in Beach Hall

Drop-ins welcome

You are invited to experience a different kind of spiritual practice centered around personal creative process. There are readings and songs centered around a monthly theme which inspires our individual artwork. At the end of the evening those who wish to share their work and how they were inspired are welcome into a sharing circle.

Christine Davidson: [christine@firstuucolumbus.org](mailto:christine@firstuucolumbus.org)

## Kehilat Sukkat Shalom

We are Clintonville's only Jewish congregation, dually affiliated with Reconstructing Judaism and ALEPH: The Alliance for Jewish Renewal. Together we are connecting to and co-creating interpretations of Judaism that help us navigate our lives in the 21st century. Through communal events and worship, educational programming, social action, holiday celebrations, and sharing joys and struggles, we strengthen each other in our individual and collective Jewish journeys. For security reasons, we like to know who is coming, so please reach out to Jodi if you are interested in attending.

Jodi Kushins: [jodiekushins@gmail.com](mailto:jodiekushins@gmail.com)

## Pastoral Team

The Pastoral Team expands the pastoral ministry of our congregation. Volunteers complete a workshop that covers active listening, the realities around substance abuse, aging, death and dying, boundaries, and confidentiality.

Pastoral Team Members participate in one or more of these activities: - Pastoral Listening on Sunday Morning: In-person before and after the service for compassionate confidential conversations. Also assist with the Caring Meditation during the service and refer people for follow-up pastoral support - Outreach: Some make calls during the week to people who made submissions of Joys and Sorrows or are referred by Listeners or Staff. - Ongoing Connections: Some members are matched with people needing ongoing support. They call or visit at least monthly.

Andi Mocharski: [andi@firstuucolumbus.org](mailto:andi@firstuucolumbus.org)

In Partnership with YAOC and UUCB...

# DUUNGEONS & DRAGCONS

JANUARY 5TH-7TH, 2024

A weekend-long social conference for UU Young Adults and like-minded folks to socialize and build community.

Follow @uu.youngadults.cer on Instagram  
Contact co-deans with questions  
Lily: [ljwoughter@gmail.com](mailto:ljwoughter@gmail.com)  
Sean: [sean@rsnanos.me](mailto:sean@rsnanos.me)

Located at the Unitarian Universalist Congregation of Binghamton  
183 Riverside Drive  
Binghamton, NY

For ages 18-35  
Cost: \$30 (sliding scale)



PLEASE JOIN US  
FOR THE

## SYC ANNUAL scholarship auction

|           |   |
|-----------|---|
| Friday    | FOOD & DRINKS<br>SILENT AUCTION<br>FUN & FELLOWSHIP |
| <b>10</b> |   |
| November  | 6:30PM-8:30PM                                       |

First UU's Beach Hall  
93 West Weisheimer Rd.

Please contact [auction4syc@gmail.com](mailto:auction4syc@gmail.com) for volunteer and sponsorship opportunities!

