



**FIRST UU**



**FALL ENGAGEMENT  
CATALOG 2022**

Welcome!

In this catalogue, you will find information about programming that runs a significant portion of the year. Information on workshops and shorter duration classes can be found online and at the Visitor's Table in the Welcome Hall on Sunday mornings, as well as in Friday News and our church calendar. For a complete listing of youth and Children's Religious Exploration programming, please pick up a brochure from the RE table in the hall on Sunday or from a literature rack in the Gallery.

To receive Friday News, or if you would like to offer a class, please contact Rev. Kelli McNeal at [kelli@firstuucolumbus.org](mailto:kelli@firstuucolumbus.org) with a request to be added.



- September 18th** - Religious Exploration Sunday classes begin  
- Engagement Fair
- September 26th** - UU History 101 class begin
- October 2nd** - Pathways to Membership class  
- Living the Pledge begins
- October 6th** - Auction donations due
- October 8th** - Good Stuff online Auction begins
- October 10th** - Indigenous Peoples' Day
- October 15th** - Fun, Food, & Frolic online Auction begins
- October 16th** - BREAD Listening Session
- October 22nd** - Fall Festival and Live Auction
- November 7th** - UU Theology Begins
- November 8th** - Election Day
- November 15th** - BREAD Annual Assembly
- December 5th** - BREAD Research Kickoff



# Classes & Workshops

## Faith Forward: Adult Religious Exploration

*To see dates of the courses, please visit [firstuucolumbus.org/faithforward](http://firstuucolumbus.org/faithforward). For more information, please email Rev. Kelli ([kelli@firstuucolumbus.org](mailto:kelli@firstuucolumbus.org))*

### **Inquirers Series**

**About:** A series of 9 conversations that offer a general introduction to our congregation & Unitarian Universalism. Sessions do not have to be done in order.

### **Roots**

**About:** A brief introduction to Unitarian Universalism ideas & history.

### **Beyond Inquirers**

**About:** A 5 session series focused on the congregation and you - offering a deeper understanding of how the congregation works and how you can be part of it. Sessions do not have to be done in order.

### **Spiritual Practice**

**About:** A 12 session series that helps participants develop regular disciplines of the spirit - practices that help us connect with the sacred. This course affirms religious diversity while seeking unity in our communal quest for meaning and wholeness.

### **UU History 101**

**Dates:** Mondays at 6:30 from September 26 - October 31

**Contacts:** Andi Mocharski ([andi@firstuucolumbus.org](mailto:andi@firstuucolumbus.org))

**About:** A 6 session introduction to concepts & people from our history.

### **UU Elevator Speech**

About: A 3 session course that guides participants through developing a short speech about our UU faith.

### **UU Theology**

**Dates:** Mondays at 6:30 from November 7 - December 12, 2022

**Contacts:** Rev. Kelli McNeal ([kelli@firstuucolumbus.org](mailto:kelli@firstuucolumbus.org))

**About:** A 6 session introduction to theological concepts through a Unitarian Universalist lens. It is recommend that you attend each session in order.

## Living the Pledge

**Dates:** In-person, Sundays at 12:30 Oct 2 - Nov 20, 2022;

Online Tuesdays at 7:00 Jan 17- March 14, 2023;

Hybrid Saturday May 6 & 20 from 10am - 5pm

**Contact:** Amanda Hays ([amanda@firstuucolumbus.org](mailto:amanda@firstuucolumbus.org))

**About:** A 6 unit program developed by First UU Richmond members as they sought to transition from reading and talking about how to end racism to taking specific and deliberate actions. Unitarian Universalists assert that the moral arc of the Universe bends towards justice, but it doesn't bend by itself. Our shared faith calls us to use our bodies, energy, and funds to build a more just and inclusive world. Come learn and commit to the work with others in our congregation.

## Pathways to Membership

**Dates:** See [firstuucolumbus.org/pathways](http://firstuucolumbus.org/pathways)

**Contacts:** Rev. Kelli McNeal ([kelli@firstuucolumbus.org](mailto:kelli@firstuucolumbus.org)) or Andi Mocharski ([andi@firstuucolumbus.org](mailto:andi@firstuucolumbus.org))

**About:** If you would like to learn more about First UU Columbus, or are ready to become a member, then this class is for you! Register at the link above. Taking the class does not obligate you to become a member.

## World Religions

**Dates:** 3rd Sunday 9:15-10:45 in the Library

**Contacts:** Ron Payne ([ronaldgenepayne@gmail.com](mailto:ronaldgenepayne@gmail.com))

**About:** Join us as we study our World's Religions. This is a new course offering, led by Tom Baillieul, Danya Furda, Chas Williams and Ron Payne.



# Discussions & Conversations

## Atheists, Skeptics, and Humanists

**Dates:** 4th Tuesday at 7:00pm

**Contact:** [freethinkers@firstuucolumbus.org](mailto:freethinkers@firstuucolumbus.org)

**About:** We are a relational group for people who reject theistic aspects of religion or have serious questions. Our monthly meetings present programs and speakers on topics ranging from science to the arts, social justice to health. Activities include hosting the annual “Flying Spaghetti Monster Dinner” which supports the Mid-Ohio Food Bank; and an annual lay-led service at First UU.

## Book Bites

**Dates:** 3rd Tuesday of the month on Zoom from 7:00-9:00 pm

**Contact:** Kathleen Boston ([kboston@columbus.rr.com](mailto:kboston@columbus.rr.com))

**About:** Group consists of avid readers and is open to all. Each participant chooses a book they wish to share and have about 10 minutes to discuss its merits. Over the years, beginning in 1999, we have found that our style of book group enables us to learn and read books/authors we might not have found otherwise.

## Hispanohablantes, The Spanish Conversation Group

**Dates:** Meet on Zoom

**Contact:** Vilvi Vannak ([vilvivannak@gmail.com](mailto:vilvivannak@gmail.com))

**About:** Free and open to all those who want to get better at Spanish. All levels are invited.

## Wednesday Women's Book Group

**Dates:** 4th Wednesday at 1:00 on Zoom

**Contact:** Sylvia Howe ([sylhowe42@gmail.com](mailto:sylhowe42@gmail.com))

**About:** Do you like to read? Do you like to discuss what you read? If so, then the 4th Wednesday Women's Book Group might be for you. We gather on Zoom, for a lively discussion about a book chosen by the group. Contact Sylvia if you love reading, identify as a woman, want to find out more about our group and to get the Zoom link.

## Young Adult Book Group

**Dates:** 3rd Wednesday 7:00pm

**Contact:** Erin Reilly-Sanders ([reillyef@yahoo.com](mailto:reillyef@yahoo.com))

**About:** Monthly discussion of YA and YA friendly books welcoming participants of all ages. We read a wide variety of participant-recommended literature and take a reader-centric approach, focusing on each person's experience of the book. People are welcome to come when they can.



## Anti-Racist Allies

**Dates:** Monthly

**Contact:** Amanda Hays ([amanda@firstuucolumbus.org](mailto:amanda@firstuucolumbus.org)) or Jan Phillips ([jephillips444@sbcglobal.net](mailto:jephillips444@sbcglobal.net))

**About:** First UU's Anti-Racist Allies Group's first work is in a support capacity for First UU's Black, Indigenous, People of Color (BIPOC) network. Secondly, ARA is looking at ways to dismantle racism structures at First UU, including advocating for the adoption of the proposed 8th Principle. Thirdly, ARA members are continuing their own personal anti-racist work. The group is currently working through Layla Salad's book "Me and White Supremacy."

## BREAD

**Dates:** 3rd Thursdays

**Contact:** Alice Rathburn (614.563.0563) or Chris Johnson (614.946.1287)

**About:** Building Responsibility, Equality and Dignity (BREAD) organizes congregational participation to alleviate serious injustice in Central Ohio. Please register for more information.

Sunday, October 16th 12:30pm - Listening Session

Tuesday, November 15th 7:00pm - Annual Assembly

Monday, December 5th 7:00pm - Research Kickoff



## Democracy & Human Rights

### JAM Working Group

**Contact:** Chris Johnson ([democracyandhumanrights@firstuucolumbus.org](mailto:democracyandhumanrights@firstuucolumbus.org))

**About:** Works with local and national groups to promote and protect democracy and human rights. Currently our central focus is working with UU Justice Ohio (UUJO), UU the Vote, and the Metropolitan Columbus League of Women Voters to register voters, protect voting rights, and to get out the vote in November. We will continue to follow, inform, and participate in actions regarding statehouse bills such as HB109, which treats protests and peaceful civil disobedience as riots.

## Eco-Justice

### Jam Working Group

**Contact:** Erica Barrett Morrison ([pineapple.mmm@gmail.com](mailto:pineapple.mmm@gmail.com)) and Elaine Fujimura ([elaine.fujimura@gmail.com](mailto:elaine.fujimura@gmail.com))

**About:** Our 7th principle asks us to respect the interconnected web of life of which we are a part. Animal agriculture is a major driver of climate change due to methane emissions, deforestation, land use & soil erosion, water pollution and results in suffering and death of 70 billion animals per year. Therefore, we promote plant-based eating to improve our health, protect our environment, and be compassionate stewards of the animals we share our planet with. We also support Sunny Glen Garden to teach sustainable edible and native plant gardening and Community Connecting Corridor for People, Pollinators, and Planet.

## Healthcare

### JAM Working Group

**Contact:** Joan Matyskella (Healthcare for All) or Rev. Lynda Smith (Reproductive Healthcare) Both can be reached at [healthcare-justice@firstuucolumbus.org](mailto:healthcare-justice@firstuucolumbus.org)

**About:** This group partners with groups working to expand affordable, quality healthcare and groups working for abortion rights and reproductive choice.

## Move to Amend, Central Ohio

**Contact:** Sandy Bolzenius ([sbolzenius72@gmail.com](mailto:sbolzenius72@gmail.com)) 614-843-6170

**About:** Move to Amend Central Ohio is the local affiliate of the national grassroots people's movement dedicated to a government of, by, and for the People - NOT corporations. Members are moving to amend the US Constitution to overturn US Supreme Court decisions that declare that corporations are people and money is speech. This includes the infamous 2010 *Citizens United v. the FEC* ruling. Our proposed "We the People" amendment abolishes such concepts that fundamentally undermine democracy. Through a bottom-up approach, [movetoamend.org](http://movetoamend.org) is working for a genuine democracy of, by, and for all the People. Move to Amend Central Ohio is our local on-the-ground effort to make this happen.

## Racial Justice & Immigration JAM Working Group

**Dates:** About every 6 weeks on a Tuesday evening from 6:00-8:00 pm

**Contact:** Sarah-Jane Workman ([sjworkman@gmail.com](mailto:sjworkman@gmail.com))

**About:** RJI promotes social justice around the rights of people new to this country, as well as working for racial justice. Group members have recently supported a refugee family being sponsored by Sukkat Shalom, the Jewish congregation that shares space with First UU.

## YWCA Dinner

**Dates:** 4th Fridays 4:30-8:00pm

**Contact:** Tim Hooks ([hookstj@gmail.com](mailto:hookstj@gmail.com))

**About:** We make spaghetti dinners with salad and fruit for the guests at the YWCA. We usually feed about 125 people, more than half are children. Because of Covid, volunteer space is limited so please contact Tim for more information.



## **Chalice Choir**

**Rehearsal:** Thursdays 7:30pm; Performance 11:00am Sundays

**Contact:** Dr. Brandon Moss ([brandon@firstuucolumbus.org](mailto:brandon@firstuucolumbus.org))

**About:** Adult choir open to all ability levels and backgrounds. All are welcome!

## **Peace Pals Choir**

**Contact:** Looking for helpers! Contact Amber Scott if interested ([amber@firstuucolumbus.org](mailto:amber@firstuucolumbus.org))

**About:** Our children's choir for ages 5-10. They sing for services 4-5 times a year, participate in the Holiday and Spring concerts, and perform for special occasions. Peace Pals sings music of many styles that is appropriate

## **Rising Voices Choir**

**Dates:** Tuesdays from 6:30-7:30

**Contact:** Michaela Jones

**About:** Teen choir for all! If you can speak, you can sing! We sing our joys, sorrows and beliefs together. Please try to attend at least 50-75% of Tuesday rehearsals.

## **Sacred Song Circle**

**Dates:** Wednesdays 6:00-6:30

**Contact:** Debra Boyd ([debra.boyd@gmail.com](mailto:debra.boyd@gmail.com))

**About:** A time-honored history of village singing will be given a modern and UU twist at this drop-in, a cappella, 30 minute sacred song circle. Join fellow singers and non-singers as we sing to learn and sing to deepen our understanding and experience of UU theology. All are welcome!

## **Spirit of Life Choir**

**Dates:** Tuesdays 7:30

**Contact:** Michaela Jones

**About:** Adult choir for all!



# Religious Exploration Programming

*For more information, please email Amber Scott ([amber@firstuucolumbus.org](mailto:amber@firstuucolumbus.org)).*

*Visit [firstuucolumbus.org/learning/sunday-school](http://firstuucolumbus.org/learning/sunday-school) to register*

## **Caregiver Peer Support Groups**

Dates: Sundays at 9:30am

About: Self selected opportunities to identify and connect with other parents / caregiver.

## **Spirit Play (Ages 3-7 and 8-11)**

A Montessori-based curriculum, begins in a circle to hear a story followed by individual work time that can include a range of expressive activities to explore what they are learning and to build connections with other children. It is a great class for active kids, as well as those who love to sit still and work on craft projects.

## **Our Whole Lives (Ages 5-7)**

Our first level of comprehensive sexuality education. In K-1 OWL, through age appropriate stories, activities and games, we cover: bodies and proper names for body parts, families and feelings, how to keep ourselves safe and consent, gender identity and how people are made. This is an 8 week program that students will attend instead of their Spirit Play class. There is a Fall and Spring session.

## **Our Whole Lives (Ages 10-11)**

Our second level of comprehensive sexuality education. In 5th-6th grade OWL, we cover: the changes that bodies make going from child to adult, healthy relationships, how to keep ourselves safe, consent, and how to find accurate information, among other topics. This is an 11 week program that students attend instead of Spirit Play or Neighboring Faiths. There is a Fall and Spring session.

## **Neighboring Faiths (Ages 11-13)**

Young people become better citizens by learning about other faith communities. Major world religions are introduced and discussed, then a field visit is taken to see what that worship looks like. We then discuss our experiences.

## **Youth Group (Ages 12-19)**

Uses a shared ministry approach to having fun while figuring out themselves and the world. Meets 2nd and 4th Sundays after service, as well as several special events and activities.

## **Coming of Age (Ages 14-15)**

Youth develop a basic expression of their faith and delve more deeply into what it means to be a Unitarian Universalist. At the completion of the program, youth are offered the opportunity to become members of First UU. Coming of Age requires commitment to attend regularly; attendance at two retreats, participation in a June worship service, and preparation of a faith statement are also required. This is a closed group beginning in October with no new participants added during the year. The class meets at 10:45am.

## **Small Group, Big Questions (Ages 15-19)**

This group discusses Big Life Questions and members reflect on what they perceive the answers to be through thoughtful discussion. Through interacting with each other, the facilitators, and larger ideas, they revise and refine the views first explored in Coming of Age. This class meets through the Fall, then shifts to High School OWL in the Winter.

## **Our Whole Lives (Ages 15-19)**

In High School OWL, we revisit previously covered topics of health, relationships, safety and sexuality in more detail and depth that reflects the participants maturity

## **Dinner with the Ministers for High School Seniors**

Join our ministerial team in cooking a meal together and talking about joys and concerns. This is scheduled once in the Fall and once in the Spring on Sunday evening at 5:30pm.

## **Inter-Generational Camping**

Families and individuals go to a state park campground 3-6 times a year. No packing into campsites. Biking, swimming, hiking, lots of food, s'mores, and campfire singing are included. Sites include running water, toilets, and electricity.

## **Navigators USA - Inclusive Scouting**

All gender scouting that welcomes all people. We meet 3 Sundays a month through the year, two meetings at church, and one hiking at a metro park. In addition, there is a fall and a spring family camping trip.



## **Millennial Covenant Group**

**Dates:** 1st and 3rd Sundays at 6:30pm

**Contact:** Anne Worth ([acworth22@gmail.com](mailto:acworth22@gmail.com))

**About:** This group is open to anyone in the Millennial generation. Please reach out to Anne for more information.

## New Member Book Group

**Dates:** TBD

**Contact:** Rev. Kelli McNeal ([kelli@firstuucolumbus.org](mailto:kelli@firstuucolumbus.org))

**About:** Whether you are new to Unitarian Universalism, or just new to First UU, this new book group is for you! This will be the first year for this group, so if you are interested, please reach out to Rev. Kelli for more information.

## Rainbow Connexions

**Dates:** 3rd Friday at 6:30pm

**Contact:** Barb Fisher ([barbkfisher@gmail.com](mailto:barbkfisher@gmail.com)) or Myra Cooley ([myracooley@me.com](mailto:myracooley@me.com))

**About:** We create intentional safe space to honor and affirm our queer identities, backgrounds, and experiences. In addition to monthly meetings to support, share and connect with each other, we also plan and lead First UU's Pride activities.

## Want to start a small group?

Interested in being a part of a small group and don't see one that interests you here? Maybe you want to have a Soul Matters small group? Or a small group for gardeners? Or maybe you have another idea all together. Whatever your interest, let Rev. Kelli know and we can work to find others who are interested in the same idea.





## **Social Gatherings & Groups**

### **All Soles Contra & Square Dance**

**Dates:** 2nd Saturday of the month (except September)

**Contact:** Jan Phillips ([jan-allsolesdance@att.net](mailto:jan-allsolesdance@att.net))

**About:** Contra dancing is a type of social dancing; we dance to live music and a caller teaches and calls the dances. If you have ever square danced, some of the figures will be familiar. No partner is necessary. There is a teaching session from 7:30-8:00 before each dance, and we dance from 8:00 to 10:30pm. Because of Covid, we now require proof of vaccination and are wearing masks. This could change over time.

### **Art at First UU**

**Contact:** Deb Baillieul ([debbsyc@yahoo.com](mailto:debbsyc@yahoo.com))

**About:** First UU hosts art events in the Gallery and Worship Center 6 times a year. We usually begin each exhibit with an artist reception after a Sunday Service. Please see the Friday announcements for current shows. The congregation and community are encouraged to contact Deb if they would like to have a solo or small group exhibit at First UU.

Visit our current exhibit "Mother Earth/Father Sky" from September - October.

## Auction

**Dates:** Online October 8-21; Fall Festival and Live Auction October 22nd at 4:00pm

**Contact:** Candee Rothert ([candeebrags@gmail.com](mailto:candeebrags@gmail.com))

**About:** Want to have fun while raising funds for church programs? Join the Auction team. We'll kick off the Auction with two weeks of online auction starting October 8th through the 21st and end it with a flourish - celebration - on October 22. The celebration will include appetizers, cash bar, bake sale, entertainment, and Live Auction.

We welcome all levels of volunteer assistance from long-term to one-time. Willing to help carry out the Auction? Or willing to hang decorations, serve food, set up for the live auction, or give computer assistance? Let us know how you'd like to help.

## Bridge Group

**Dates:** 4th Monday at 7:00pm

**Contact:** Vickie Steiner ([vwsteiner@gmail.com](mailto:vwsteiner@gmail.com))

**About:** All are welcome. New players, please contact Vickie for more information.

## Care & Share Time Bank

**Dates:** Quarterly meetings

**Contact:** Vilvi Vannak ([csgeneral27@gmail.com](mailto:csgeneral27@gmail.com))

**About:** The Care and Share Time Bank (CSTB) has been a part of First UU since 2010. Our purpose is to build a caring community in which members offer other members a variety of services or skills that they enjoy doing in exchange for 'hour credits' where one hour of work earns one 'hour credit,' regardless of the task involved. Thus, an hour of massage therapy or Spanish lessons earns the same as an hour of gardening or optometry. Volunteer activities at First UU and a number of other affiliates will also earn you hour credits! There is no cost to join and participate. To join or find more information, go to [cstimebank.org](http://cstimebank.org) or contact Vilvi.

## Central Ohio UU Walkers

**Dates:** Every Friday at 9:30am in the Nature Center parking lot at Highbanks Metro Park. December through March we meet at 10:00am

**Contact:** Erica Scurr ([scurrem@gmail.com](mailto:scurrem@gmail.com))

**About:** A 3 mile walk on one of the main park trails in 1.5 to 2 hours. We walk together to enjoy nature and the web of life through the changing seasons, and to socialize.

## Chalice Organics-Plus Buyers Club

**Dates:** Every 8 weeks for delivery

**Contact:** Mary Klain ([clovis70@hotmail.com](mailto:clovis70@hotmail.com))

**About:** A natural foods buying club made up of individual members who pool their resources to order in bulk from United Natural Foods, Inc. We receive delivery from UNFI in the UU parking lot once every 8 weeks.

## Dinner & Conversations

**Dates:** TBD

**Contact:** Marcia Canter ([marciacanter@gmail.com](mailto:marciacanter@gmail.com))

**About:** Participants are broken into groups of 8 that share dinner and have directed conversation - so we can learn about each other and also have a good time. The groups meet three times in each quarter. Then the participants are shuffled into other groups so you can meet new people during the next quarter. We meet in person at a participant's house. Meeting dates are set by each group - 3 in each quarter.

## Expressive Collage

**Dates:** 4th Mondays from 7:00-9:00pm

**Contact:** Jeanni Ray ([jeanni1954@gmail.com](mailto:jeanni1954@gmail.com))

**About:** This group is currently closed, but if you are interested, please reach out to Jeanni Ray.

## Labor Day Retreat Planning Committee

**Contact:** Julie Pinsonneault ([julia.pinsonneault@gmail.com](mailto:julia.pinsonneault@gmail.com)) or Patricia Boughton ([patriciaboughton@gmail.com](mailto:patriciaboughton@gmail.com))

**About:** We initiate, plan, do publicity, take registrations, and run the Labor Day retreat over Labor Day weekend, since 1995. The retreat is intergenerational for all members and friends of the church and is held at a camp in Hocking Hills. The Planning Committee is open to anyone who would like to help us plan.



### Aaron Reed Men's Spirituality Group

**Dates:** Wednesdays at 7:00pm

**Contact:** Robert Papps ([motobobp@yahoo.com](mailto:motobobp@yahoo.com)) and Ron Bruder ([ronbruder@hotmail.com](mailto:ronbruder@hotmail.com))

**About:** While not a self-help group, the members seek to provide a mutually supportive environment for those seeking personal growth as well as a venue for exploring life's defining ideas and experiences. This group is currently accepting new members.

### Covenant of UU Pagans

**Dates:** 4th Wednesdays at 7:00pm

**Contact:** Victoria Yanovich, Myra Cooley & Amy Haney ([cuups-board@firstuucolumbus.org](mailto:cuups-board@firstuucolumbus.org))

**About:** We are a new spiritual practices group at First UU. We are working to become an official local chapter of the national CUUPS organization. CUUPS is an organization dedicated to networking Pagan-identified UUs, educating people about Paganism, promoting interfaith dialogue, and developing Pagan liturgies and theologies.

## UU Mystics

**Dates:** 2nd and 4th Tuesdays at 7:45pm on Zoom

**Contact:** Donna Greenman ([dgreenman36@gmail.com](mailto:dgreenman36@gmail.com)) and Rev. Kathleen Fowler ([kathleenclarkfowler@gmail.com](mailto:kathleenclarkfowler@gmail.com))

**About:** We welcome anyone who is seeking to examine Mystical spirituality. We are a drop in group. Please reach out to Donna or Rev. Kathleen for more information.

## Want to start a Spiritual Practices Group?

If you are interested in a Spiritual Practices group that isn't currently active, please let Rev. Kelli know.



## Caregivers Support Group

**Dates:** 2nd Tuesday at 1:00pm on Zoom

**Contact:** Sylvia Howe ([sylhowe42@gmail.com](mailto:sylhowe42@gmail.com))

**About:** Are you a caregiver for a loved one: a spouse, child, parent, sibling, friend? Do you wish you had someone to talk with about the joys and frustrations of being a caregiver? Come join this monthly gathering to support you in your journey.

## Chronic Pain Group

**Dates:** 3rd Mondays at 7:00pm on Zoom

**Contact:** Sylvia Howe (sylhowe42@gmail.com)

**About:** This is a support group for those who live with chronic pain or disability... visible or hidden, who would like to get together to support one another. This is NOT a therapy group.

## Funeral Consumer Alliance

**Dates:** 4th Sunday at 12:30

**Contact:** Su Farnlacher (suafarnlacher@gmail.com)

**About:** We are a 501c3 organization, one of 75 affiliated with FCA's nation wide who educate people about end of life issues especially regarding funerals. On a national level we advocate for transparency in the funeral industry.

## Grief Group

**Dates:** A group will be scheduled in 2023. If interested in group (8 sessions) or individual **sessions** (any time).

**Contact:** Rev. Kathleen Fowler ([kathleenclarkfowler@gmail.com](mailto:kathleenclarkfowler@gmail.com) or 614.264.8364)

**About:** This work uses the "Grief Recovery Handbook" by J. James and R. Friedman

## Pastoral Team

**Contact:** Rev. Kathleen Fowler ([kathleenclarkfowler@gmail.com](mailto:kathleenclarkfowler@gmail.com)) or Rev. Kelli McNeal ([kelli@firstuucolumbus.org](mailto:kelli@firstuucolumbus.org))

**About:** The Pastoral Team expands the pastoral ministry of our congregation. Volunteers complete a workshop that covers active listening, the realities around substance abuse, aging, death and dying, boundaries, and confidentiality. Pastoral Team Members participate in one or more of these activities:

- Pastoral Listening on Sunday Morning: In-person before and after the service for compassionate confidential conversations. Also assist with the Caring Meditation during the service and refer people for follow-up pastoral support
- Outreach: Some make calls during the week to people who made submissions of Joys and Sorrows or are referred by Listeners or Staff.
- Ongoing Connections: Some members are matched with people needing ongoing support. They call or visit at least monthly.



## Other Opportunities

## Breakfast Team

Dates: Sunday mornings 2525

Contact: Cliff Adams ([cliff@the-adams-family.net](mailto:cliff@the-adams-family.net)) or Debra Boyd ([debra.boyd@gmail.com](mailto:debra.boyd@gmail.com))

About: Interested in feeding our community before the Sunday service? Breakfast is served at 10:00am on Sunday mornings. Contact Cliff for more information.

## **Buildings & Grounds**

**Dates:** As needed

**Contact:** Brian Hagemann ([brian@firstuucolumbus.org](mailto:brian@firstuucolumbus.org))

**About:** If you are interested in assisting with upkeep of our building and grounds, please let us know! We can always use more volunteers.

## **Coffee Team**

**Dates:** Sunday mornings

**Contact:** Rose Rossiter ([rossiter@ohio.edu](mailto:rossiter@ohio.edu))

**About:** Help us provide a memorable social experience for visitors, members, and friends each Sunday by serving fresh, hot, Fair Trade coffee and teas.

## **Kehilat Sukkat Shalom**

**Dates:** First Friday night from 7:00-9:00pm, Saturdays from 10:00-11:00am, Sundays from 3:00-5:00. Holidays and special events.

**Contact:** Jodi Kushins ([jodiekushins@gmail.com](mailto:jodiekushins@gmail.com))

**About:** We are Clintonville's only Jewish congregation, dually affiliated with Reconstructing Judaism and ALEPH: The Alliance for Jewish Renewal. Together we are connecting to and co-creating interpretations of Judaism that help us navigate our lives in the 21st century. Through communal events and worship, educational programming, social action, holiday celebrations, and sharing joys and struggles, we strengthen each other in our individual and collective Jewish journeys. For security reasons, we like to know who is coming, so please reach out to Jodi if you are interested in attending.



## **Volunteer for Religious Exploration**

*Contact Amber Scott for more information ([amber@firstuucolumbus.org](mailto:amber@firstuucolumbus.org))*

**Sunday School Teacher or Assistant** - Leads the predetermined activities

**Substitute Teacher** - Assist when the regular teacher or assistant is unavailable

**Bringing in the Light Guide** - Welcome children who want to participate in bringing in the light, get them lined up, and show them when to enter during service

**Sunday School Table Volunteer** - Welcome guest families and answer questions before the service

**Office Helper** - Commit periodically with various tasks including mailing, bulletin board creation, or cleaning

**RE Team Member** - Help our DRE develop and maintain our religious exploration program.

## **Welcome Team**

**Dates:** Sunday mornings

**Contact:** Rev. Kelli McNeal ([kelli@firstuucolumbus.org](mailto:kelli@firstuucolumbus.org)) or Andi Mocharski ([andi@firstuucolumbus.org](mailto:andi@firstuucolumbus.org))

**About:** Help us create a welcoming and inviting environment on Sunday mornings! We need volunteers to greet at our front doors, help visitors at the Visitor's Center, and usher during the service. This is a fun group of people to hang out with!